



PRAYER TRAINING

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HOW TO PRAY ONE HOUR

“Could you not tarry one hour? Watch and pray...” –Matt. 26:40-41

INTRODUCTION. There is much God wants to do in and through us for His glory and for the salvation of lost souls. Prayer for lost people and sharing the Good News with them are two keys the Lord has provided for this to happen. Just as we cannot neglect to “go and tell,” neither can we neglect to pray. James 4:2 says, “you do not have because you do not ask.” Jesus gave the Great Commission (Matt. 28:19-20), and said, “You shall receive power when the Holy Spirit has come upon you; and you shall be witnesses unto Me in Jerusalem, and in all Judea and Samaria, and to the end of the earth.” (Acts 1:8) But “He commanded them not to depart from Jerusalem, but to wait for the Promise of the Father” (Acts 1:4) before they should seek to obey His command to go and be witnesses to a lost world. Between the time Jesus ascended into Heaven and the day of Pentecost (when the Holy Spirit was given), the disciples gathered in the Upper Room (about 120 of them) and engaged in unceasing prayer (Acts 1:14).

According to the Word of God, the pattern of the early church in Acts, and throughout history, no great movement of God, no great harvest of souls has been experienced without prior significant time spent in prayer. “The Lord’s Prayer” in Matthew 6:9-11 gives a great outline enabling extended time in prayer before God. Our goal is not to last an hour in prayer—but to spend an extended time in effective prayer. Using this outline, you will be amazed at how much extended time you spend in prayer, guided by the Lord’s teaching. Your first prayer might be like that of the disciples, “Lord, teach us to pray!” (Luke 11:1).

I. **WORSHIP AND PRAISE: “OUR FATHER IN HEAVEN, HALLOWED BY YOUR NAME.”**
(Matthew 6:9)

Prayer is a conversation between you and God. It is not “non-stop talking to God,” but at times pausing to listen, read and pray Scripture (pray God’s Word back to Him), reflect, meditate, listen, and talk to Him from your heart.

Our Father in Heaven...

NOTES

Start by calling on Him in worship and praise.

Reflect on your personal relationship with Him through Jesus Christ. Many falsely believe that God is the Father of everyone, but not so! He is Father only to those who have been born again into His family (John 1:11-13; 3:3-7).

In Scripture God reveals Himself through many different names, but for us who are saved, the name “Father,” or “Abba” (Aramaic) is highly important and particularly worshipful. “Abba Father” expresses how He relates to us, and how we relate to Him. The word *Abba* “Father” in Aramaic expresses affection, confidence, and trust. It is very similar to a little child lovingly calling on his or her Daddy.

For “Abba Father” see: Mark 14:36; Romans 8:15; Galatians 4:6.

For confidence in your relationship with Him as Father, see: Romans 8:16-17.

Praise and worship Him for adopting you as His child and for the blessings He gives you as His child. Thank Him that He took the initiative in loving you and saving you at great cost (John 3:16).

As His Spirit leads, move on in your prayer, and hallow (set apart, make holy) His name. (See the list of several of God’s revealed names—each informing about His love, care and provision for us...)

NOTES

Additional verses on God, Our Heavenly Father: Psalm 68:4-5; Isaiah 64:8; Matt. 6:32; Luke 12:32; 2 Cor. 6:18; James 1:17; 1 John 3:1.

Hallowed by Your Name.

(SOURCE:

<https://www.gotquestions.org/names-of-God.html>)

EL, ELOAH [el, el-oh-ah]: God "mighty, strong, prominent" ([Nehemiah 9:17](#); [Psalm 139:19](#)) – etymologically, *El* appears to mean "power" and "might" ([Genesis 31:29](#)). *El* is associated with other qualities, such as integrity ([Numbers 23:19](#)), jealousy ([Deuteronomy 5:9](#)), and compassion ([Nehemiah 9:31](#)), but the root idea of "might" remains.

ELOHIM [el-oh-heem]: God "Creator, Mighty and Strong" ([Genesis 17:7](#); [Jeremiah 31:33](#)) – the plural form of *Eloah*. Being plural, *Elohim* which accommodates the doctrine of the Trinity. From the Bible's first sentence, the superlative nature of God's power is evident as God (Elohim) speaks the world into existence ([Genesis 1:1](#)).

EL SHADDAI [el-shah-dahy]: "God Almighty," "The Mighty One of Jacob" ([Genesis 49:24](#); [Psalm 132:2,5](#)) – speaks to God's ultimate power over all.

ADONAI [ædɒˈnaɪ; ah-daw-nahy]: "Lord" ([Genesis 15:2](#); [Judges 6:15](#)) – used in place of YHWH, which was thought by the Jews to be too sacred to be uttered by sinful men. In the Old Testament, YHWH is more often used in God's dealings with His people, while *Adonai* is used more when He deals with the Gentiles.

YHWH / YAHWEH / JEHOVAH [yah-way /

ji-hoh-veh]: "LORD" ([Deuteronomy 6:4](#); [Daniel 9:14](#)) – strictly speaking, the only proper name for God. Translated in English Bibles "LORD" (all capitals) to distinguish it from *Adonai*, "Lord." The revelation of the name is given to Moses "I Am who I Am" ([Exodus 3:14](#)). This name specifies an immediacy, a presence. Yahweh is present, accessible, near to those who call on Him for deliverance ([Psalm 107:13](#)), forgiveness ([Psalm 25:11](#)) and guidance ([Psalm 31:3](#)).

YAHWEH-JIREH [yah-way-ji-reh]: "The Lord Will Provide" ([Genesis 22:14](#)) – the name memorialized by Abraham when God provided the ram to be sacrificed in place of Isaac.

YAHWEH-RAPHA [yah-way-raw-faw]: "The Lord Who Heals" ([Exodus 15:26](#)) – "I am Jehovah who heals you" both in body and soul. In body, by preserving from and curing diseases, and in soul, by pardoning iniquities.

YAHWEH-NISSI [yah-way-nee-see]: "The Lord Our Banner" ([Exodus 17:15](#)), where *banner* is understood to be a rallying place. This name commemorates the desert victory over the Amalekites in [Exodus 17](#).

YAHWEH-M'KADDESH [yah-way-meh-kad-esh]: "The Lord Who Sanctifies, Makes Holy" ([Leviticus 20:8](#); [Ezekiel 37:28](#)) – God makes it clear that He alone, not the law, can cleanse His people and make them holy.

YAHWEH-SHALOM [yah-way-shah-lohm]: "The Lord Our Peace" ([Judges 6:24](#)) – the name given by Gideon to the altar he built after the Angel of the Lord assured him he would not die as he thought he would after seeing Him.

YAHWEH-ELOHIM [*yah-way-el-oh-him*]: "LORD God" ([Genesis 2:4](#); [Psalm 59:5](#)) – a combination of God's unique name *YHWH* and the generic word for "God" signifying that He is the Lord who is God.

YAHWEH-TSIDKENU [*yah-way-tzid-kay-noo*]: "The Lord Our Righteousness" ([Jeremiah 33:16](#)) – As with *YHWH-M'Kaddesh*, it is God alone who provides righteousness (from the Hebrew word *tsidkenu*) to man, ultimately in the person of His Son, Jesus Christ, who became sin for us "that we might become the Righteousness of God in Him" ([2 Corinthians 5:21](#)).

YAHWEH-ROHI [*yah-way-roh-hee*]: "The Lord Our Shepherd" ([Psalm 23:1](#)) – After David pondered his relationship as a shepherd to his sheep, he realized that was exactly the relationship God had with him, and so he declares, "The LORD is my shepherd [*Yahweh-Rohi*]; I shall not want" ([Psalm 23:1, ESV](#)).

YAHWEH-SHAMMAH [*yah-way-sham-mahw*]: "The Lord Is There" ([Ezekiel 48:35](#)) – the name ascribed to Jerusalem and the Temple there, indicating that the once-departed glory of the Lord ([Ezekiel 8—11](#)) had returned ([Ezekiel 44:1-4](#)).

YAHWEH-SABAOTH [*yah-way-sah-bah-ohth*]: "The Lord of Hosts" ([Isaiah 1:24](#); [Psalm 46:7](#)) – *Hosts* means "hordes," both of angels and of men. He is Lord of the host of heaven and of the inhabitants of the earth, of Jews and Gentiles, of rich and poor,

master and slave. The name is expressive of the majesty, power, and authority of God and shows that He is able to accomplish what He determines to do.

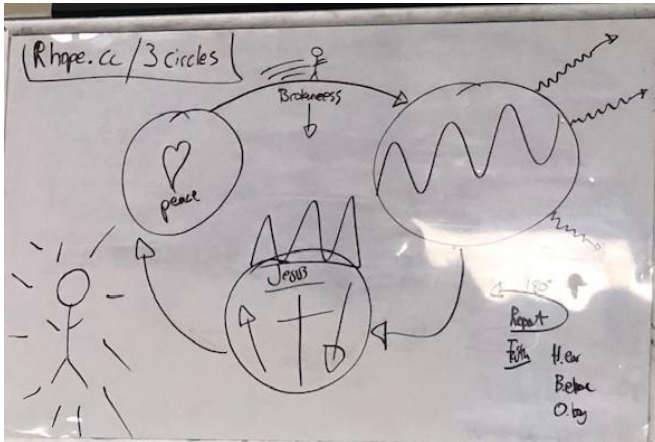
EL ELYON [*el-el-yohn*]: "Most High" ([Deuteronomy 26:19](#)) – derived from the Hebrew root for "go up" or "ascend," so the implication is of that which is the very highest. *El Elyon* denotes exaltation and speaks of absolute right to lordship.

EL ROI [*el-roh-ee*]: "God of Seeing" ([Genesis 16:13](#)) – the name ascribed to God by Hagar, alone and desperate in the wilderness after being driven out by Sarah ([Genesis 16:1-14](#)). When Hagar met the Angel of the Lord, she realized she had seen God Himself in a theophany. She also realized that *El Roi* saw her in her distress and testified that He is a God who lives and sees all.

EL-OLAM [*el-oh-lahm*]: "Everlasting God" ([Psalm 90:1-3](#)) – God's nature is without beginning or end, free from all constraints of time, and He contains within Himself the very cause of time itself. "From everlasting to everlasting, You are God" ([Psalm 90:2](#)).

II. INTERCESSION: “YOUR KINGDOM COME; YOUR WILL BE DONE ON EARTH AS IT IS IN HEAVEN.”

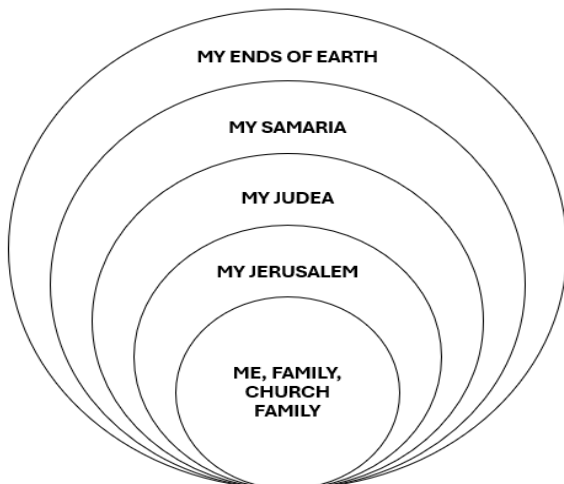
By FAITH, Visualize God Answering your prayers for the lost to be saved, the saved to be submitted to King Jesus, His church be healthy and on mission, His kingdom coming, and His will being done...*on earth as it is in Heaven!*



In the 3 Circle Evangelism Training given by Josh Young (2/25/24), the lower circle depicts the conversion, or born-again experience of an individual. This is the moment he/she “HBO’s” (Hears, Believes, Obeys), and it is the moment that that individual humbly receives Christ Jesus as King. That’s why the crown is drawn on top of the circle.

This wonderfully illustrates the Lord’s answer to this prayer! As you pray for the lost, pray “His kingdom come, His will be done in their life.” You’re praying for their salvation! If they are saved, you’re praying for them to have a right heart, totally submitted to King Jesus, living a life obedient to His will. Whether you are praying for 1 hour, or prayer walking, take note of what He brings to your mind and heart, and pray fervently for each person by name, that they choose to leave the brokenness of sin, and follow Jesus as their King.

PRAY (INTERCEDE) IN CONCENTRIC CIRCLES, STARTING WITH YOURSELF, AND ACCORDING TO THE ACTS 1:8 PATTERN.



Prayer List of Names

1. **Me, my family, my church family.** First make sure your heart is right before God, and that Jesus' Kingdom is fully come in you. (Isa. 59:1-2; Ps. 66:18; 1 Jn. 1:9; James 5:16). Pray the same for your family members and church family members—especially those whose lives demonstrate that Jesus' Kingdom is not displayed in them.

2. **My Jerusalem: Clarksville.** Pray for your neighbors (by name if you can), and for the city, that His Kingdom come and His will be done. Pray for specific neighborhoods and entities as He directs. (Example: Pray for E. Montgomery Elementary School, and other schools, etc.)

3. **My Judea: Tennessee & N. America.** Resources for intercession are found at the North American Mission Board, or www.namb.net/pray. Pray for missionaries and mission efforts; pray for the lost to be saved beyond our own city. Intercede for government and political leaders (1 Timothy 2:1-2). Pray for God to move across our land to awaken people and to bring glory to Himself, as many "Hear, Believe & Obey" Jesus as King (2 Chronicles 7:14).

4. **My Samaria: Other-Culture Peoples Living in our Land.** In Jesus' day, Samaritans were non-Jews, looked down upon, and considered by religious insiders as untouchable and unworthy. Jesus specifically includes them and tells us to do so. In today's America, immigrants, internationals, foreign exchange students, and others of color live close by but are often invisible and by-passed by the local

Prayer List of Names

My Jerusalem List

My Judea List

My Samaria List

III. **GOD'S PROVISION: "GIVE US THIS DAY OUR DAILY BREAD."**

**GOD OUR HEAVENLY FATHER HAS CREATED AND DESIGNED US TO BE
UTTERLY DEPENDENT ON HIM.**

We are to ask Him to supply our every need, physical, spiritual, emotional, etc. Often the dominant theme of our prayers focuses on physical needs but note that Jesus teaches us to begin praying by worshiping the Father, followed by intercession for His Kingdom to come and His will to be done. Only then should we pray "Give us this day our daily bread."

1. PRAY FROM A RIGHT HEART.

Review Matthew 6:25-34, especially verse 33: "Seek first the kingdom of God and His righteousness, and all these things shall be added to you."

In the innermost circle of intercession above, ("Your Kingdom come, your will be done), you should have reaffirmed that Jesus' rule and His will are in force over your entire life. Ask the Holy Spirit to reveal to you any sin you need to confess, and when He does, confess it as sin, and ask the Lord's forgiveness, affirming your submission to Him as King. (1 John 1:9)

2. PRAY IN A RIGHT SPIRIT.

The Heavenly Father cares about our physical needs. Matthew 7:9-11.

Most of us are blessed "way beyond bread!" Prayerfully read Philipians 4:4-7, especially noting the phrase, "*with thanksgiving.*" Make a list below of the physical blessings He has given you and say a prayer thanking Him for each one.

_____	_____
_____	_____
_____	_____
_____	_____
_____	_____
_____	_____
_____	_____
_____	_____
_____	_____

3. PRAY WITH UNDERSTANDING. *“I will pray with the spirit, and I will also pray with understanding.”* 1 Cor. 14:15.

Through prayer and Scripture, seek to know and understand God’s will as you pray for Him to meet physical needs. There are times when God’s greater will for us is the suffering brought on by physical need. At these times, His will is for us to better learn how to trust Him and to grow in our faith.

God wants us to be channels, not containers. He wants us to be branches reaching out, not banks holding in.

Read & pray over Malachi 3:8-12.

4. GOD MEETS PHYSICAL NEEDS FOR OUR GOOD AND FOR HIS GLORY.

If you’re praying for healing, for income, or for any other physical need, consider that God’s answer is His will not only to bless and make you happy, but that you use the strength of His blessings to advance His Kingdom among those yet unsaved.

Hudson Taylor, 1800’s pioneer missionary to China, said: “God’s work done in God’s way will never lack God’s supply.”

Prayer List: Physical Needs (for God’s glory & my / another’s good)

_____	_____
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IV. PRAYING FOR FORGIVENESS: “AND FORGIVE US OUR DEBTS AS WE FORGIVE OUR DEBTORS.”

WHAT IS FORGIVENESS? Have you ever been hurt by someone? “Forgiveness” is to absorb the hurt, then treat the offender as if he or she never offended. This is what King Jesus did for us on the cross, and having received His forgiveness, we must also forgive others.

Sin = Debt (to God).

“FORGIVE US OUR DEBTS”

Review Exodus 20:1-17 (The Ten Commandments). Pray about each one, asking the Holy Spirit to show you if and how you have failed to keep God’s Command.

Failing to keep God’s commandments causes a short-fall, or debt. Romans 6:23 says, “For the wages of sin is death, but the gift of God is eternal life in Christ Jesus our Lord.” Jesus paid our sin debt on the cross, and only in Him can we have forgiveness, and be treated like we had never sinned.

ON A SEPARATE SHEET OF PAPER in prayerful consideration of the Ten Commandments (and other Scripture the Lord may bring to your mind), make a list of all the sins in your life that are not yet forgiven.

Read 1 John 1:9 and confess each sin to the Heavenly Father, asking His cleansing and forgiveness. As you do, strike that sin off the list. He has forgiven you. (Isaiah 43:25; Hebrews 8:12). Now, destroy the list! Thank Him for forgiving you, and for bringing you cleansing and renewal of devotion.

“AS WE FORGIVE OUR DEBTORS.”

“I don’t get mad—I get even!” “You just wait! He’ll be sorry!” These sentiments are often felt by people who’ve experienced pain or injustice from another person. These must NOT be our sentiments! ***Ask the Heavenly Father to remind you of any person against whom you may harbor anger, dislike, and unforgiveness.*** Begin in humble prayer to ask for the Lord’s forgiveness for your hateful and unforgiving sentiments. Ask Him to help you forgive and make right (according to His Word), any past broken relationships.

Jesus added very important commentary in teaching us to pray: Matt. 6:14-15.

Write in the following space in your own words, what Jesus said about forgiveness:

PRAYER FORGIVING OTHERS

Are there people you need to forgive? Are there those with whom you need to mend relationships? **Read & Pray Matthew 5:43-48.** List those people you forgive as you pray.

Family Members

Other Christians, Church Members

Neighbors, Co-Workers,
Acquaintances

Those I Don't Know Personally, But Do
Not Like (ex. public personalities)

RECONCILIATION. Often, more than just forgiving someone in our hearts is needed. Sometimes we need to ask forgiveness from others.

Read & Pray Matthew 5:23; 18:15-17. Make note of what the Lord says to you, and then, take action to obey His Word and His Spirit's promptings.

V. **SECURING SPIRITUAL VICTORY: "AND DO NOT LEAD US INTO TEMPTATION, BUT DELIVER US FROM THE EVIL ONE."**

When I was a young teenager growing up on a farm, I used to help my dad build fences.. One time we were in a wooded area, the ground covered with rust-colored leaves, and Daddy was using the post hold digger while I was standing by waiting my turn. Somehow, a small movement at his foot caught my attention. It was a large poisonous copperhead snake perfectly blending in with the leaves not 6 inches from my father's foot! "Stop! and be real still," I cried out, "there's a snake right at your foot!" Daddy looked at the copper-colored leaves all round him and couldn't see a

thing! “Right there!” I said, pointing to the snake. I think the snake moved slightly, and he saw it, and before I knew it, he’d taken the posthole digger blades and with one stroke, cut off the head of that snake, delivering us both from danger. (This is a true story by Al Hodges, inspired by a similar story from the book, The Prayer that Turns the World Upside Down, by R. Albert Mohler, Jr.)

Just Because You Cannot See It Doesn’t Mean Its Not There! The Bible declares that Satan with his hordes of demons, is our great enemy.

Asking the Heavenly Father, “Lead us not into temptation but deliver us from the evil one” is NOT asking Him not to tempt us to sin. God does not tempt us!

Pray-Read James 1:12-15. –Ask the Father for understanding of how we are tempted to sin.

1. **Confess** to the Heavenly Father that you are weak and have no power within yourself to resist temptation to sin (especially certain sins where Satan knows you have a weakness). **Pray-Read 2 Chronicles 20:12 and Matthew 26:40-41.**
2. **Acknowledge** the “us” in this petition. As brothers and sisters, as fellow church members, we are to pray for one another at this very point—that we do not fall into temptation and sin!
3. **Understand** that this is **SPIRITUAL WARFARE** praying!
Prior to taking off, the flight attendant comes on the loud speaker and gives safety instructions to all passengers. One instruction is that “in the event of loss of cabin pressure, the oxygen masks in the compartment above your seat will fall down. Place your own mask over your face before you attempt helping others to secure their mask.” This is true for us in praying this petition! Make sure you are covered, and your heart is right before God, that all your own sins are confessed, forgiven, and forsaken. Then you will be ready to effectively pray for others!

Take time and PRAY THROUGH THE VERSES OF EPHESIANS 6:10-18.

***As you pray through this passage, remember the “us” statements of Jesus in Matthew 6:13. Pray the spiritual armor onto yourself, and in behalf of your pastor(s), deacons, and all fellow church members.**

As you “put on” each piece of the armor in prayer, imagine that you are putting on the Lord Jesus Himself. (Romans 13:14 says, “But put on the Lord Jesus Christ and make no provision for the flesh, to fulfill its lusts.”)

Ephesians 6 IN PRAYER...	Relating Scripture
v.14 gird your waist with truth	John 14:6 “I am the way, the truth, and the life..” Ps. 51:6 “Behold you desire truth in the inward parts.”
v.14 put on the breastplate of righteousness	Jer. 23:5 “Now this is the name by which He will be called: ‘The Lord Our Righteousness.’” 2 Cor. 5:21 “For He made Him who knew no sin to be sin for us, that we might become the righteousness of God in Him.”
v.15 put “Gospel shoes” on your feet	Matt. 28:19-20 “Go therefore and make disciples of all nations, baptizing them in the name of the Father and of the Son and of the Holy Spirit, teaching them to observe all things that I have commanded you, and lo, I am with you always, even to the end of the age. Amen.: Rom. 1:16 “For I am not ashamed of the Gospel of Christ, for it is the power of God unto salvation for everyone who believes..”
v.16 take up the shield of faith	John 14:13 “And whatever you ask in my name, that I will do, that the Father may be glorified in the Son.” 2 Cor. 5:7 “We walk by faith and not by sight..”
v.17 put on the helmet of salvation	Ps. 140:7 “O God, the strength of my salvation, you have covered my head in the day of battle.” Heb.5:9 “..He became the author of eternal salvation to all who obey Him.”
v.17 firmly use the sword of the Spirit which is the Word of God	Heb. 4:12 “For the word of God is living and powerful, and sharper than any two-edged sword, piercing even to the division of soul and spirit, and of joints and marrow, and is a discerner of the thoughts and intents of the heart.” Matt. 4:4 “It is written...” (Our Lord defeated Satan with the Word of God)
V18 praying always	Phil. 4:6 “Be anxious for nothing, but in everything by prayer and supplication, with thanksgiving, let your requests be made known to God..” 1 Thess. 5:17 “Pray without ceasing.”

Prayerfully Read Matthew 16:16-19. The Lord's Victorious Church has been given keys of prayer and proclamation of the Gospel. The gates of hell cannot withstand it! BUT—do you know those who were once engaged and actively serving in the church, but now are backslidden or dropped out? Don't ignore, forget, or criticize them, but pray for them! "Deliver US from the evil one!"

Make a List of People Who Were Once Active for Christ, but Now Seemingly Live in Defeat. Pray for them, for their revival and renewal, and their deliverance from the evil one.

_____	_____
_____	_____
_____	_____
_____	_____
_____	_____

We have an enemy, the evil one, who wants to defeat us and wants to defeat the church. As you pray, what are some areas you are most led to pray for? (List them here so that you can return and regularly pray for them).

VI. CONCLUDE WITH WORSHIP & PRAISE: "FOR YOURS IS THE KINGDOM AND THE POWER AND THE GLORY FOREVER. AMEN."

1. In Prayer, acknowledge Him as King over everything, from creation to eternity.
2. Think of some ways you have seen His power, spend time praising Him for it
 - a) In nature (His creation)
 - b) In history (consider the power of the cross & the resurrection)

- c) In your life, your family and friends, etc. How his power has changed you.
 - d) In eternity future—His 2nd Coming, Heaven, eternal reign.
3. Pray and praise Him for His glory revealed. His “glory” is the magnificence, worth, loveliness, and grandeur of His many perfections, as He has revealed, or allowed us to see Him. Reflect on His glorious nature, His love, His grace, His power, etc. Praise Him for who He is both now and for eternity.
 4. “Amen.” Amen is not just a word signifying “period” at the end of a prayer. It means, “So be it.” “I agree and endorse wholeheartedly all that has been said.” It is good to individually affirm our “amen” when we pray, and it is also a means of collectively agreeing in prayer, as we all say “amen” in faithful agreement.

“Again, I say to you that if two of you agree on earth concerning anything that they ask, it will be done for them by My Father in heaven. For where two or three are gathered together in My name, I am there in the midst of them.” –Matt. 18:19-20

PRAYER WALKING

“Every place that the sole of your foot will tread upon I have given you...”

Joshua 1:3

Note: An excellent source of information for prayer walk training is found on the Southern Baptist North American Mission Board website: www.namb.net . It's entitled, [Taking Prayer To The Streets, PrayerWalking Guidebook.](#)

BASED ON SCRIPTURE.

In **Joshua 1:3** God promises Joshua and the Israelites that they will possess the Promised Land as they go out to conquer.

In **Matthew 6:10** Jesus instructs us to pray for His Kingdom to come and His will to be done on earth as it is in Heaven. Satan has sought to usurp that which rightfully belongs to the Lord, and as we go into the streets to pray, we pray this prayer. As His Kingdom people, we ask, and we believe that He will give us (for His Kingdom) every place we set the sole of our feet.

Jesus walked everywhere. Walking while praying slows us down, enables us to see things as He sees, and intercede for people, things, and situations we might not ordinarily see.

Matthew 9:35-38 reveals how Jesus ministered, and how we are to minister and pray.

Matthew 16:13-19 Jesus says that He will build His church, and the gates of Hades will not prevail against it. In **Matthew 28:18-20** we are given the Great Commission to go and make disciples. ***The Design, Desire, and Direction of our Lord for us is that we GO—taking prayer and His Good News to the streets, the highways, and by-ways, to the ends of the earth!***

Every local church is an outpost of His Kingdom. Each outpost has its own assigned territory (or church field). “If you build it they will come” (inspired by 1989 movie, Field of Dreams) is an erroneous belief of many churches, thinking that attractive buildings, good programs, etc. will attract the lost to the church. Prayer walking gets out of the pew and into the places where people daily live. May we, like the Israelites under Joshua’s command, go forth to prayerfully see His Kingdom come and His will be done in our neighborhoods, our schools, and in all places where He is not yet King!

PRACTICAL TIPS

- Divide into groups of 2 to 4 (no larger than 4) and select 1 to be your group leader.*
- Walk your “territory” praying conversationally. Short sentence prayers, each group member taking a turn. As you walk, everyone will pray aloud several times (the others agreeing and praying along quietly).
- Pray for what you see, and the things or people that are represented or brought to mind.
- For example, pray for homes as you walk by. Toys in the yard indicate the presence of children. Do these children know about Jesus? Are the parents following Jesus and leading their children to Him?
- Does the house have a limited mobility ramp? What might that indicate about the needs of an individual or family? Pray accordingly.
- Do you see evidence of sinful practices? Beer or liquor containers? Drug paraphernalia? How might people here be different if Jesus were welcomed as their King?
- Be ready to engage people as the Holy Spirit leads and gives opportunity. Some might be in their yard and could be open to a friendly greeting, or even a short introduction. Be spiritually prepared and perceptive, invite to church, and share the 3 circles if given opportunity. At the least, try to leave an invitation to church in their hands. Share that “We are from Excell Baptist Church, and we are walking your neighborhood, praying for people who live here, that God will help and bless them. Is there any way we could pray for you or your family?” With their permission, ask if you may write down their name and their prayer request, so that you may continue to pray and ask others to pray for them. Write their information only after receiving their permission to do so. If they are willing, pray a brief prayer according to their expressed need(s) with them before you move on. (See attached Prayer Walk Report)

REPORT RALLY & FOLLOW-UP

As you go out, expect God to bless and give you spiritual insights and visions for what He wants to do. You may meet people who need the Lord and would be open to a follow up visit, or the Holy Spirit may impress your team that more ministry involvement is needed in a certain neighborhood or area. The group leaders are responsible for making notes and reporting back,

but all participants are also welcome to contribute to the larger group any impressions or blessings they received.

INFORMATION TO CAPTURE & REPORT

Prayer Group Leader name _____ Date _____

Subdivision / community / Map indicator _____

Contact Name _____

Contact Address _____ Apt. # _____

Phone _____ Email _____

We asked for specific prayer requests and were permitted to pray on the spot.

Prayer Request(s) shared:

Shared the Gospel Made profession of faith Requested follow up contact.

Date & Time of follow-up contact _____

Church and community ministry needed in this community:

